







Venue

The plenary meeting will be in Telenor Campus, which is located approx. 9 km from central Oslo.

The address is Snarøyv. 30, NO-1360 Fornebu.









The meeting room will be in 'Telenor Expo', as shown in the local map above.

Due to ongoing road construction works, the pathway to and from the local bus-stop has become more complex.



Recommended foot path from/to the bus-stop. Left: From the bus-stop. Right: Towards the bus-stop

Arrival to Oslo and Telenor

Oslo's main airport (OSL, https://avinor.no/en/airport/oslo-airport) has connections to most European capital cities.

From the airport to Oslo and Telenor

From OSL, the following transport can be used:

By train (recommended):

Two different train services operate from Oslo Airport:

<u>The Airport Express Train</u> ('Flytoget', https://flytoget.no/en/) is convenient and easy to use. Lines FLY1 and FLY2 departs every 10 minutes from and to the airport and the travel time to Oslo Central station is approx. 20 minutes. Tickets can be bought at counters or vending machines, but easiest is to travel ticketless by using your credit card directly in the entry gate. The ticket price is NOK 240. Usually departing from track 3.

If you have a hotel near Telenor Campus, you can take the train further to 'Lysaker' station, and from there take a bus or taxi to Telenor (see information on local travel below). Total travel time from Oslo Airport to Lysaker station is 34 minutes.

NB! To reach Lysaker station, you must take line FLY1. FLY2 ends at Oslo Central station.

<u>Local and regional trains</u> are operated by 'Vy' (https://www.vy.no/en). Several regional and local train lines also serve Oslo Airport and central Oslo. Travel time is approx the same as the Airport Express Train. Usually departing from track 4.

Lines R12 towards 'Darbu/Kongsberg', **RE11** towards 'Skien' and **RE10** towards 'Asker' or 'Drammen', run regularly, once per hour. (Make sure you take it in the right direction, since Oslo Airport is not the end stop). *The ticket price for Vy trains is 124 NOK*, and can be bought at vending machines, marked 'ENTUR' or the 'Vy'-app. The Vy-trains also continue towards 'Lysaker' station. Vy-trains are also included in the local transport system, 'Ruter', see below.





NB! The Airport Express train and Vy trains have different tickets (operated by different companies)

By bus:

The Airport Express Coach ('Flybussen', https://www.flybussen.no/?dir=from) will usually take you to Oslo in 50 min – 1 hr. The ticket costs NOK 239.

By taxi:

Taxi should take you to Oslo for a fixed price ranging from NOK 800 to NOK 1400, depending on the taxi company. It is recommended to use the Taxi booking machine in the arrival hall. Driving time, around 35-40 minutes outside rush hours.

More information on: https://avinor.no/en/airport/oslo-airport/to-and-from-the-airport/train-buss-and-taxi/trains

Local transport

Local transportation (bus, tram, underground) in Oslo are all operated by the company 'Ruter' (http://ruter.no/en/). Local trains are operated by 'Vy'.

The most efficient way getting between Telenor Campus and central Oslo is by bus. Bus lines 31/31E and 81 runs frequently (5 minutes) between e.g. Oslo Central station (Oslo S or 'Jernbanetorget') and Fornebu where they stop in front of the Telenor building (stop: 'Telenor Fornebu'). Note that there is ongoing road work in the area, and the bus stop has been moved. 81 is an express bus running only in rush hours. These busses also stop outside 'Nationaltheatret', 'Skøyen' and 'Lysaker' train stations.

An alternative is to use the local train (Vy) to/from Lysaker station and either hop on/off the bus (31, 81) or take a 20 minute (fast) walk to our Campus (approx 2 km).

Travel time from 'downtown' Oslo to Telenor will usually take around 25 -30 minutes with public transportation.

The same tickets apply to bus, train, tram and underground in Oslo. *A single ticket costs NOK 42* if bought before entering (vending machines, kiosks, mobile App). *There is an extra fee of NOK 20 when buying a single ticket onboard the bus, NOK 40 on the train.*

Tickets can also be bought using the 'Ruter' app, (Google Play or Apple Appstore).

A taxi from central Oslo to Telenor takes approx. 10-15 minutes, and cost around 300 NOK.

Arriving by car is not recommended, due to limited and expensive quest parking.

How to buy transport tickets

(https://ruter.no/en/buying-tickets/sales-outlets/)

All the options are described in the link above. However keep in mind the following:

• Ruter app: You need to install the APP, ingress your credit card in the APP and remember that via the APP you can send the tickets receipts to your email any time after purchasing.





Finally, remember that Zone 1 is the one that applies for all the Oslo and Telenor Campus (Fornebu Area). So when using the APP, select Zone 1.

- As a second option, <u>Kiosks and Service Points</u> (Narvesen, 7-Eleven, Deli De Luca and Mix) are recommended since they are easy to find anywhere is Oslo.
- As a third option, <u>On board in the bus</u> (You need cash and notes not larger than 200 NOK).
 Please note the extra onboard fee of NOK 20.

Other information

Entering Norway: passports and visa

Norway is a member of the Schengen cooperation. As a consequence, nationals of countries participating in this cooperation may travel freely between the member countries. The same applies to foreign nationals holding a residence permit in one of the member countries, or that have been granted a visitor's visa (up to 90 days duration) to the Schengen area.

If you fall outside this category, please contact us for further advice.

COVID-19 information

There are currently (January 2024) no COVID-19 entry requirements for travellers to Norway. Please follow the development and check for any changes. Any changes will also be communicated.

Climate

Average temperature in Oslo in June is around 16° C, but it can have large variations. A good 7-day forecast is found at YR (https://www.yr.no/place/Norway/Oslo/Oslo/Oslo/).

Money and payment

The currency is NOK, called 'krone', pl: 'kroner' (not 'crowns'!!!), short: *kr*, which is divided in 100 'øre'. For cash payment, the smallest unit is 1 kr.

Exchange rates (as per March 2024):

0	100 NOK = 8.64 €;	1 € = 11.57 NOK
	100 NOK = 7.38 £;	1 £ = 13.54 NOK
	100 NOK = 9.37 \$;	1 \$ = 10.67 NOK

The use of credit or debet cards is widespread.

Contacts

- Per Hjalmar Lehne; tel: +47 916 94 909; e-mail: per-hjalmar.lehne@telenor.com
- Rune Harald Rækken; tel: +47 905 23 845; e-mail: rune-harald.rakken@telenor.com





Preparing for Norway

Be prepared for 24 hr daylight (almost). Oslo is located on 60 degrees northern latitude, and at midsummer, the 'night' is only 5 hrs of twilight!

On the night of 23rd June, the midsummer is celebrated outdoors with bonfires and party.

Visit Oslo travel guide: https://www.visitoslo.com/en/